

## SUMMARY OF EDUCATION

### **University of British Columbia (2015 - Present)**

PhD in Gender, Race, Sexuality, and Social Justice

Thesis Title: Laying the foundation for socially just health systems: Exploring opportunities for re-constructing decolonial, intersectional pedagogies in medical and nursing (MedNurs) education in Canada.

### **York University (2013-2014)**

MA in Health, Policy, and Equity

Thesis title: Mother, immigrants, and workers: understanding the subjectivities of pregnant and employed South Asian immigrant women in Toronto.

### **Dalhousie University (2009-2012)**

BSc Honours in Biology

Thesis title: Investigation of interaction between *Arabidopsis thaliana* KEG RING E3 ligase and stress- inducible ERD1 and PRXR1.

### **Simon Fraser University (2008-2009)**

BSc Biological Sciences

## SCHOLARSHIPS AND AWARDS

### **Banting and Best Doctoral Research Award - \$30,000/yr stipend + \$5000/yr research**

Canadian Institutes of Health Research, UBC, May 2017 - August 2020

### **Graduate Fellowship - \$13,000**

Graduate and Postdoctoral Studies, UBC, April 2015 - April 2016

### **Lillian Wright Maternal-Child Health Graduate Scholarship - \$10,000**

Faculty of Health, York University, April 2014 - August 2014

### **Research Cost Fund - \$1000**

Graduate Studies, York University, April 2014 - August 2014

### **Graduate Scholarship - \$6,000**

Graduate Studies, York University, September 2013 - April 2014

### **Honours Distinction - \$0**

Dept. of Biology, Dalhousie University, April 2012

### **Dean's List - \$0**

Faculty of Science, Dalhousie University, Fall 2011, Winter 2012

### **Summit Entrance Scholarship - \$3,500**

Faculty of Science, Simon Fraser University, Sept. 2008 - Dec. 2008

## PUBLICATIONS

### PAPERS:

**In-progress. Bhandal, T & C. Hilario.** Decolonial, intersectional perspectives on mental health and drug policy in Vancouver. *Health Sociology Review*.

**Refereed. Bhandal, T. (2018).** Ethical globalization? Decolonizing theoretical perspectives for internationalization in Canadian medical education. *Canadian Medical Education Journal*, 9(2), e33-e45.

**Refereed. Bhandal, T. (2016).** Possibilities for intersectional theorizing in Canadian historiography: The subaltern narrative of Canadian medical schools. *The Graduate History Review*, 5(1), 46-82.

**Refereed. Bhandal, T. (2014).** Finding gendered inequities in poor women's experiences of neoliberal health care and labour: Perspectives from India. *Health Tomorrow: Interdisciplinarity and Internationality*, 2(1), 1-26.

### ORAL AND POSTER PRESENTATIONS AT CONFERENCES:

**Oral Presentation**, Decolonizing Conference at Center for Integrative Anti-Racism Studies  
Title: Capitalist Colonialism, Social Change, Healing, and the Resurgence of Critical Spirituality  
Toronto, Canada, 2019

**Oral Presentation**, Critical Ethnic Studies Association Conference  
Title: Remapping the city: South Asian and Indigenous solidarities in Vancouver  
**With Dr. Renisa Mawani, Dr. Cash Ahenakew, and Cecilia La Pointe**,  
Vancouver, Canada, 2018

**Oral Presentation**, Spirituality and Culture Conference  
Title: Capitalist Colonialism, Social Change, Healing, and the Resurgence of Critical Spirituality  
Lisbon, Portugal, 2018

**Oral Presentation**, International Conference on Cultural Studies in Education  
Title: Laying the foundation for socially just health systems: Exploring opportunities for re-constructing decolonial, intersectional pedagogies in medical and nursing (MedNurs) education in Canada  
Vancouver, Canada, 2017

**Oral Presentation**, Social Sciences and Humanities Congress: Women and Gender Studies et recherches féministes  
Title: Black, Indigenous, and People of Colour student activism at the University of British Columbia: Herstories, Critical feminism(s) and resistance  
**With Kristi Carey and Cicely-belle Blain**  
Calgary, Canada, 2016

**Poster Presentation**, Annual Canadian Conference on HIV/AIDS Research

Title: Queer necropolitics and the criminalization of HIV non-disclosure in Canada  
Winnipeg, Canada, 2016

**Oral Presentation**, International Conference on Advances in Women Studies

Title: Mother, immigrants, and workers: understanding the subjectivities of pregnant and employed South Asian immigrant women in Toronto  
Toronto, Canada, 2015

**Poster Presentation**, Canadian Conference on Medical Education

Title: Training a new generation of health professionals: The Advocates in Global Health Program at Dalhousie University.

**With Shawna O'Hearn, Brie Rebhein, and Angela Day**

Ottawa, Canada, 2013

**Sub-plenary Panelist**, Canadian Conference on Global Health

Title: Gendering the interconnections of population health, health systems planning, and human development

**With Dr. Salimah Valiani and Dr. Gita Sen**

Ottawa, Canada, 2013

**Poster Presentation**, Canadian Conference on Global Health

Title: Gendered inequity and effects of a neoliberal ideology on women's experiences of health care and labour: perspectives from India

Ottawa, Canada, 2013

**Poster Presentation**, Dalhousie University Cameron Conference

Title: Investigation of interaction between *Arabidopsis thaliana* KEG RING E3 ligase and stress-inducible ERD1 and PRXR1

Halifax, Canada, 2012

## WORK EXPERIENCE

### **Retail Staff, The Soap Dispensary and Kitchen Staples, Jan 2018 - Present**

To take a step away from a computer screen, I have been working part-time at the first zero-waste soap and groceries refill store in Vancouver. The mission of the store is to reduce the amount of plastic that ends up in landfills.

### **Research Assistant, UBC School of Nursing, February 2016 - Dec 2017**

At the Critical Research in Health and Health Care Inequities Research Unit, I helped to update project websites on Wordpress, analyze qualitative data, prepare literature reviews, and help to edit a nursing textbook.

### **Graduate Administrative Assistant, UBC Social Justice Institute, Sept. 2016 - Mar. 2017**

This position required the co-ordination of outreach and promotion for the Critical Racial and Anti-Colonial Studies Research Network.

### **Teaching Assistant, GRSJ 101, UBC Social Justice Institute, Sept 2016 - Dec 2016**

Course title: Gender, Race, Sex, and Power. Facilitating weekly in-class discussion groups (80 students) and giving four lectures during the term on topics of expertise. Grading and providing feedback on qualitative papers and assignments. Attendance of lecture was also required.

### **Teaching Assistant GRSJ 300, UBC Social Justice Institute, Jan 2016 - April 2016**

Course title: Intersectional Approaches to Gender Relations. Facilitating weekly in-class discussion groups (60 students) and giving two lectures during the term on topics of expertise. Grading and providing feedback on qualitative papers, Attendance of lecture was also required.

### **Graduate Administrative Assistant, UBC Social Justice Institute, Sept 2015 – Mar. 2016**

This position required the co-ordination of outreach and promotion for the Institute of Gender, Race, Sexuality and Social Justice Research Lecture Series.

### **Nurses at Risk Research Assistant, York University, May 2014 – May 2015**

This position required the analysis of interview and focus group data for a project titled *Nurses at Risk: Exploring Gender and Race in Workplace Illness, Injury, and Violence* funded by the Social Sciences and Humanities Research Council of Canada. Dr. Pat Armstrong was the Primary Investigator of the project.

### **Nanny/Childcare Worker, Oct. 2014 – March, 2015**

I was responsible for the before and after school care of two children (ages 5 and 9). In addition to general care (e.g. feeding, dressing, preparing lunch, etc.) I was also their math and literacy tutor.

### **Marker/Grader HLTH 4330, York University, Jan. 2014 – April 2014**

Course Title: HLTH 4330 Decision Making in Healthcare. Marking of two assignments (1. qualitative written, 2. quantitative statistical) and the supervision/marketing of midterm/final exam. Each marker was responsible for 40 student assignments and exams.

**Teaching Assistant HLTH 2300, York University, Sept. 2013 – April 2013**

Course title: HLTH 2300 Quantitative Research Methods. Teaching and organization of a one-hour tutorial for the above course (30 students). Topics covered were standard introductory statistical methods (e.g. t-tests, normal distribution, ANOVA). Attendance of lecture was also required.

**Marker/Grader HLTH 3120, York University, Sept. 2013 – Dec. 2013**

Course Title: HLTH 3120 Processes of Power and Politics. Marking of three qualitative assignments and the supervision of the final exam. I was responsible for 35 student assignments and exams.

**Teaching Assistant BIOL 3050, Dalhousie University, Jan. 2012 – April 2013**

Course Title: BIOL 3050 Developmental Biology. Supervision of one 3-hour lab per week and the marking of weekly student lab submissions. I was the TA for this course for two semesters (Winter 2012 and Winter 2013).

**Student Lab Technician BIOL 3050, Dalhousie University, Jan. 2012 – April 2012**

General maintenance and set up of BIOL 3050 Lab materials. (e.g. putting up instructional posters/displays/models, growing seedlings for student labs, etc.).

**Teaching Assistant BIOL 2040, Dalhousie University, Sept. 2011 – April 2012**

Course title: BIOL 2040 Evolution Supervision and instruction of one 3-hour lab per week. Marking of weekly student lab submissions.

**Program & Research Assistant, Global Health Office, Aug. 2011 – June 2013**

Organization, development, implementation, and evaluation of Advocates in Global Health Program within the Faculties of Medicine, Health Professions, and Dentistry Research design of student programs. Abstract writing and conference participation. Organization of public events e.g. CIHR Cafe Scientifique.

**Mini University Summer Camp Biology Instructor, Dalhousie University, July 2011**

Lead several 70-minute classes on the university subject of my department (biology). Write and prepare a 10-class lesson plan for students. Group lead summer campers through other daily activities associated with the summer camp.

**Student Lab Technician BIOL 1010/1011, Dalhousie University, Oct. 2009 – April 2010**

General maintenance and set up of BIOL 1010/1011 Lab materials. (e.g. putting up instructional posters/displays/models, setting up lab equipment and microscopes, replenishing lab supplies, washing glassware, etc.).

## COMMUNITY AND VOLUNTEER ACTIVITIES

### **Independent Candidate for Council, Vancouver City Elections, Jul. 2018 - Oct. 2018**

To increase representation of women of colour in politics I ran as an independent candidate for Vancouver city council. My campaign (taqforcouncil.ca) centered intersectional representation, zero-waste practices, evidence based decision making, health equity, and decolonial, meaningful involvement of Indigenous governments. I was one of the top 5 independent candidates with 15,326 votes.

### **Menstruation Matters Workshop Facilitator, VWHC, March 2018 - Present**

For the past several months I developed and delivered sex-positive, gender-affirming programming on the fertility awareness method or “charting” the menstrual cycle. Each workshop discusses the three fertile signs of female and some intersex bodies including cervical mucus, basal body temperature, and cervical fluid. The workshop has been delivered to over 60 participants in Vancouver and Halifax. In the fall, new topics will include period pain, sustainable menstrual products, and managing polycystic ovarian syndrome. As part of the Menstruation Matters program, I am also facilitating a workshop on menstruation, stigma, and empowerment at the PERIOD. Huddle Conference on November 3rd, 2018 at UBC.

### **Board Member, Vancouver Women’s Health Collective, October 2015 – August 2017**

This position requires attendance of monthly board meetings and input into strategic planning and governance of the VWHC. Additionally, I was lead Board Member for our Research and Research Partnerships mandate. I also served at the Chair of the Board from August 2016 - June 2017.

### **Policy Advisor, South House: Sexual & Gender Resource Center, April 2015 – Aug. 2015**

The South House is the only full-time gender justice center in Halifax and is based at Dalhousie University and University of King’s College. I worked as the primary author for the first policy on sexualized violence on campus titled *South House Sexual Assault Policy and Response Protocol*. The policy was reviewed by the Board and put in place for the start of the 2015-2016 academic year.

### **Front desk Volunteer, Vancouver Women’s Health Collective, October 2014 – July 2016**

The VWHC is a non-profit women’s organization whose mission is to value women’s knowledge and to support women to take charge of their own health. For women who come to use the space we have available a resource center, computers, printers, working phones, donated fresh fruit, vegetables, baked goods, hygiene products, clothing, and access to Nurse Practitioners. This position required a weekly shift as VWHC administrative secretary in addition to my work on the Task Force for Peer Education.

### **Daycare/Parent-Child Center Volunteer, June Callwood Center, Feb. 2014 – July 2014**

The mission of Jessie's in Toronto, ON is to nurture the healthy development of pregnant teenagers, young parents and their children. The Parent-Child Center at Jessie's is a daycare for the women who come to the centre. My role was to care for and play with the children (3 months - 3 years old) and to support the mothers.

**Skills for Solidarity Volunteer, Leadnow, May 2014 – August 2014**

Leadnow, based in Vancouver, launched a program called Skills for Solidarity and ran 5 online panels. It's a program opens up conversation about the shared history between Indigenous and non-Indigenous Peoples in Canada, and ways to renew the relationship between nations. I transcribed subtitles for the sessions for those who are deaf or hard of hearing.

**Canadian Conference on Global Health Abstract Review, Jun. 2013 - Jun. 2016.**

In addition to being on the CCGH conference planning committee, I was also on the Abstract Review review committee for the three years. Each reviewer is given 15 -20 abstracts to read and rate on a scale of 5. The abstracts must fit the theme/subtheme of the conference and also present innovative research in global health.

**Canadian Conference on Global Health Planning Committee, January 2012 - June 2014.**

Every year the CSIH puts on the Canadian Conference on Global Health. Planning Committee members meet via teleconference once a month and decide on themes, speakers, format of presentations, logistics, etc.

**General House Volunteer, Ronald McDonald House Halifax, Nov. 2012 – May 2013**

General maintenance of the 17-bedroom Ronald McDonald House associated with the IWK Children's Health Center. Activities included changing sheets, cleaning common areas, organizing, and baking. The RMH accommodates families from all over Nova Scotia of seriously ill children visiting the hospital who are referred by a social worker or other health care provider.

**Events Co-ordinator, Dalhousie UNICEF on Campus, Sept. 2011 – April 2012**

This was 1 of 4 elected positions. The purpose of the society is to build a better future for children and youth globally by providing opportunities for Dal students to make a difference through fundraising, advocacy and education.

**Founder and President, Dalhousie Vocaleyes Society, May 2011 – April 2012**

Dalhousie Vocaleyes came together in 2011 as a product of students inspired to generate mass awareness of political and social humanitarian issues. Our focus was to support the promotion of local and global humanitarian efforts through effective education and involvement.

**President, Dalhousie Heart & Stroke Foundation Society, Sept. 2011 – May 2012**

Oversee and manage society meetings and events, society agenda and mandate, and society members. In general, the society promotes heart health and care across the university campus and puts on fundraisers for the Atlantic region Heart & Stroke Foundation Society. Our most successful event was the 5K Heart Walk/Run at Point Pleasant Park.

**Volunteer Co-ordinator, Mediciens Sans Frontiers, June 2011 – Sept. 2011**

As the volunteer co-ordinator for the Halifax leg of the Refugee Camp in the Heart of the City Exhibit, I gave feedback on the list of groups being invited to the exhibit and/or suggests additional groups to be invited; found volunteers to help during the exhibit (setup, breakdown, welcoming of groups); provided a briefing and supervision to the onsite volunteers; and, assisted with the logistics of event (4,000 individuals toured the exhibit).

**Lab Technician Assistant, Dr. Julian Guttman Lab, SFU, Feb. 2009 – April 2009**

Undergraduate volunteers would help manage cleaning and operations of the lab. Typical volunteer days would consist of replenishing lab supplies, assisting doctoral students with any needs, washing and autoclaving glasswares, etc.

**Student Council President, Maple Ridge Secondary School, Sept. 2007 – June 2008**

I ran for and was voted Student Council President of my high school during grade 12. The president oversaw the efforts of student council activity events and planning, school policy support from students, budget allocation, recognition of developing issues pertaining to students, and communication between faculty/staff and the student body.

**Executive Member, SEAC, Maple Ridge Secondary School, Sept. 2007 – June 2008**

The Student Environmental Action Committee (SEAC) is a student group at Maple Ridge Secondary School who aims to promote environmental and social justice. This committee met once a week during lunch hour to organize events that would promote awareness and advocacy about global environmental and humanitarian issues. Events included the ethical eatery, film screenings, issue campaigns, etc.

**YLDP, Ridge Meadows Community Festival Society, Sept. 2006 – March 2007**

The Youth Leadership Development Program as for two high school students interesting in being involved in their community. I was chosen along with one other student from my school. We helped with office administration, event planning and setup, and volunteer coordination. For this work I was awarded Volunteer of the Month by the Maple Ridge Bugle.